

Avon

Amanda's selling Avon. If you'd like to buy some give her a call on 0415058266

Tupperware

If you'd like to buy Tupperware, Keisha is having a party on 22nd May at 2pm. For more in call 0415982873

Have Your Say

Have you got a poem, a story, a rant, an advert, an art work, a recipe, a tip, advice, a photo.... That you'd like to include in our newsletter? Just let us know and we will include it in next month's edition like our beautiful poem by Kyra



**There are 100's of parks in Townsville.
Go for a stroll, feed the ducks, have a picnic..
Take advantage of our beautiful QLD weather**

Featured Service

Centacare offers courses on parenting skills, counselling, Family Dispute Resolution, Budgeting, Life skills and much more. Most services are free, however some cost a small fee (based on income) Give them a call on 47729000

Where is our new hall?

Kirwan Uniting Church has been kind enough to let us use their venue for our playgroups and Parent's Groups. We'll be out the back next to the playground. The Church hall is right next door to Thuringowa Library. Three cheers for the church: Hip hip. Hooray! Hip hip. Hooray! Hip hip. Hooray!



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Young Parents' Newsletter May 2010



Young parents (25 and under) meeting weekly. All activities are free. Catering, transport and childcare are provided where necessary

If you need a lift let QYS know by 8:30am
Some activities require an earlier RSVP
Ph: 47713648 or 0418721464
Places on the bus are limited so book early!

Playgroups:
Toddlers: Tuesdays 10:30am-12:30pm
Babies: Wednesdays 10:30am-12:30pm

Parents Group (PG):
Check timetable for various dates and times

Last month...



Using prams safely

When you are using your pram or stroller you should always:

- Use the 5 point harness available every time your baby is in the pram or stroller. It's tempting to skip this at times especially when you are in a hurry and will only have them it is for a few minutes but it is there for a reason.
- Use the tether strap whenever the parking brake is not engaged.
- Use the parking brake whenever the pram or stroller is not in motion.
- Don't leave your child sleeping unsupervised in a pram or stroller, especially if they are not restrained by the harness.
- As tempting as it is, do not hang or tie shopping bags on the handles of the pram. It can change the balance or overload the pram with weight and cause it to tip over.

If you have any questions on the new standards or would like some more detailed information further details on mandatory standards and bans can be obtained from the ACCC Info centre on 1300 302 502

Breastfeeding:

Don't think of it as a
mother's right to
breastfeed,
think of it as a baby's
right to eat.



Don't forget to let us know if you
change your address or would like to
be removed from our newsletter list

Smart Kids

Numeracy

Grouping things together is about noticing
if something is the same or different.

Mum says, "Adele, come and help mummy with the laundry".

Adele picks up a sock.

Mum says, "Good. Can you find the other one?"

Children learn to group together when they notice if something is
the 'same' or 'different'

Lots of experience with same and different 'helps children later on
with describing how something may be different (eg has three
more), rather than just how things look.

Literacy

Playing with rhymes helps children
practise sounds.

Sebastian and his mum like to say their favourite rhyme:
"Round and round the garden"

We sing rhymes and jingles with children so that they learn to
hear and match words that sound the same.

Later children will begin to match sounds to alphabet letters on
the page. This will be very important in learning to read, write
and spell.

When English is a second language, adults share rhymes in
their first language with children.

May 2010

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
						1
2	3	4 Toddler Play Out n About Palmetum Park Nathan St Annandale 10:30 to 12:30	5 Baby Play Out n About Palmetum Park Nathan St Annandale 10:30-12:30	6	7	8
9	10	11 Toddler Play Kirwan Uniting Church Hall Thuringowa Drv Kirwan 10:30-12:30	12 PG Self Esteem 1 Kirwan Uniting Church Hall Thuringowa Drv Kirwan 10:30- 12:30	13 Food 4 Smiling <i>Vincent State School Community Room 9:30-11 Pb 47790611 for more details</i>	14	15
16	17	18 PG. Budgeting 9:30-11:30am Relationships Aus Toddler Play 10:30- 12:30 Queens Gdns	19 PG Self Esteem 2 Kirwan Uniting Church Hall Thuringowa Drv Kirwan 10:30- 12:30	20	21	22
23	24	25 Toddler Play Kirwan Uniting Church Hall Thuringowa Drv Kirwan 10:30-12:30	26 Baby Play Kirwan Uniting Church Hall Thuringowa Drv Kirwan 10:30-12:30	27 Food 4 Smiling <i>Garbutt State School 4:30-5:30 Pb 47790611 for more details</i>	28	29
30	31					